

105-3

Pam Damour demonstrates the 10 steps
to a perfect pillow.



Please see page 2 for project instructions.

Partners

brother
at your side

<http://www.brothersews.com>

Pam Damour's Foot Notes

Ten Steps to a Perfect Pillow

Feet used in this project

Welt cord foot
Piping foot
Zipper foot
Open appliqué foot

Materials

½ yard of tan fabric
½ yard print fabric or panel kit from “Craft it”
17” of zipper tape with slide
16” pillow form
1 roll of Decorating Diva pleat tape
Invisible polyester thread
24” square pillow template
30” tapered pillow template
¼” welt cord
1/8” micro welt cord



1. Centering the pattern

When cutting your pillow out of a print, it's critical to plan your cut, and center your pattern. This can be done by using the 24” square pillow template.



2. Tapering the corners

After cutting your pillow front & back, taper the corners to prevent “dog ears”. Because the zipper goes in the bottom edge, I only taper the sides & top, leaving the bottom edge straight, making it easier to insert the zipper.

3. Adding welt cord

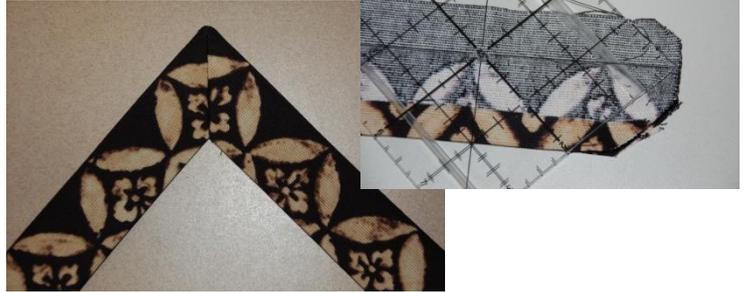
When sewing on the welt cord, start on the center of the bottom edge, leaving enough free end of the cord to splice. Clip seam allowances at the corners. Join the cord by taking one end of the welting apart, trim cord to match, fold one piece of fabric over the other, and sew shut.



4. Banding

To apply a bias-banding trim, use the pillow template to mark the placement lines.

Fold banding edges in and press. Using the 45 degree line on your ruler, mark as shown to make mitered corners. (Make banded square 10".)



5. Micro welt trim



If you want add micro welt to the banding, cut bias 1-1/2" wide. Start micro welt along one of the bottom sides, snipping seam allowances in the corners to turn.



Slide center motif under banding, with micro welt as shown. Make the mitered "box" 10" square. The inserted square is cut 9".

6. Making pleated trim

To make this pleated trim, cut bias fabric twice the desired width plus 1" for seam allowances.



Press bias in half lengthwise with wrong sides together.



Using the Decorating Diva pleat tape, line up the numbers as per the directions for knife pleats.

In the corners, tightly gather fabric to make corners turn a little better. To splice, take one end apart, fold raw edges under, and insert other end inside.

7. Adding the zipper

To insert the zipper, sew along each bottom edge of the pillow front and back.



8. Sewing together

After the zipper is sewn, sew the remaining three edges.

9. Serging the edges

After the pillow is sewn, serge the seam allowance using a wide three-thread overlock.

10. Stuffing the corners

Finish the project by clipping the corners and adding a bit of stuffing in the corners. This will keep your corners filled out even with inexpensive pillow forms. Then insert the pillow form.



Notions you can sell when teaching the Ten Step Pillow

- Welt cord foot
- Piping foot
- Zipper foot
- Open appliqué foot
- “Craft it” fabric kit
- zipper tape
- pillow form
- Decorating Diva pleat tape
- Invisible polyester thread
- 24” square pillow template
- 30” tapered pillow template

- The Decorating Diva DVD110
- 1/4" welt cord
- 1/8" micro welt cord

If you'd like Pam to come to your store to teach the Ten Step Pillow or purchase Decorating Diva notions, go to www.pamdamour.com.