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Eileen Roche creates a flower t-shirt with cut out 3-d machine embroidery.



T-Shirt Surgery

By Eileen Roche

Embroidery Products

Brother Quattro Sewing and Embroidery Machine

Free Flower design available at

Snap-Hoop by Design in Machine Embroidery, available at www.dzgns.com

Materials

One silk-screened or hand-painted T-shirt

Poly mesh cut-away fusible stabilizer

Target stickers

Heat set crystals and/or metal studs

Scraps of organza (you'll need three 3" squares for each flower)

Step 1. Download the design.

Go to www.dzgns.com Click on Free Design...Download the design and save it to a USB stitck.

Step 2. Plan the Layout

Try the t-shirt on and stand in front of a mirror. Place a target sticker in the center of each painted or silk-screen flower. Critique the placement, you want a flattering finish. Make sure a single flower is not positioned directly on a bust point and avoid symmetrical placement across the chest. Asymmetrical is more pleasing to the eye in this technique. Make any necessary changes now.

Step 3. Prep the Organza

Cut the organza into 3" squares and stack them in three layers for each flower, one square, one on-point and the last one, square. Set them aside.

Step 4. Hoop the Shirt

Fuse polymesh cut-away stabilizer to the wrong side of the design area. The stabilizer should cover the entire

area that will be captured in the hoop. The excess stabilizer will be trimmed away after the embroidery process.

Place Snap-Hoop™ flat metal frame, right side up, on the narrow end of an ironing board. Slide the t-shirt over the end of the board, centering a target sticker over the hoop. Snap the white magnetic frame on top. Align the edges with your fingers. Pull the bulk of the t-shirt up over the hoop while sliding the hoop off of the ironing board. Nest the fabric on top of the hoop.

Step 5. Stitch the Design

Select Embroidery on the Brother Quattro and select the flower design from the USB stick. Touch Sewing. Attach the Snap-Hoop to the machine, firmly holding the top and bottom frames with your hand.

Once attached, smooth the t-shirt under the needle. Keep the bulk of the shirt above the hoop and out of the design area.

Use the jog keys to position the needle over the target sticker. Remove the target sticker and place one stack of organza under the needle and stitch the design.

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